## **Personal Action Plan**

| Action Ideas  | Sample Ideas for Taking<br>Action:  |  |  |
|---|---|--|--|
| What do I need to do personally as a result   | Spiritual Dispositions:   |  |  |
| of what I am hearing, thinking, desiring?   | <ul> <li>Attentiveness to the Spirit's presence</li> <li>An open and discerning heart</li> <li>Patience, trust, and hope</li> <li>Courage: willingness to risk more</li> <li>Contemplative listening and prayer</li> <li>Openness and capacity to dialogue</li> <li>Radical availability</li> <li>Attending to letting go and grief</li> <li>Attending to creativity and new life</li> </ul>  |  |  |
|   | Conversations:  |  |  |
|   | <ul> <li>Around the dinner table</li> <li>With associates</li> <li>With sisters in formation or newly professed</li> <li>With friends</li> <li>With ministry team members</li> <li>In community publications and newsletters</li> </ul>   |  |  |
|   | Convenings and Meetings   |  |  |
| Notes:  | <ul> <li>Local community meetings</li> <li>Province gatherings &amp; membership meetings</li> <li>Regional gatherings</li> <li>Community committee meetings</li> <li>Chapter sessions</li> <li>Intercongregational meetings</li> </ul>  |  |  |
|   | Activities:   |  |  |
| Q: How will you engage diversity as a necessary element of transformation? -intercultural -experiences -international -styles -intergenerational -beliefs | <ul> <li>Host a conversation with a group of sisters</li> <li>Watch the DVD and discuss with group that did not attend.</li> <li>Host a webinar on a key element or idea</li> <li>Convene or co-opt a book discussion group</li> <li>Allocate time and energy to attend to this</li> <li>Practice and develop the skills of communal discernment</li> <li>Make space for younger and different voices to be heard – engage diversity in all forms.</li> <li>Develop leadership skills in all members</li> </ul> |  |  |

| Implementation Strategy        |  |           |                 |  |  |
|--------------------------------|--|-----------|-----------------|--|--|
| 3 Things I Can Commit to Doing |  |           |                 |  |  |
| Action Item                    | My Personal Resistances and<br>Obstacles | Timeframe | Who's involved? |  |  |
| 1.)                            |  |           |                 |  |  |
| 2.)                            |  |           |                 |  |  |
| 3.)                            |  |           |                 |  |  |

## **Communal Action Plan**

| Action Ideas   | Sample Ideas for Taking<br>Action:  |  |
|--|---|--|
| What do we need to do communally as a  | Spiritual Dispositions:   |  |
| result of what we are hearing, thinking, desiring?   | <ul> <li>Attentiveness to the Spirit's presence</li> <li>An open and discerning heart</li> <li>Patience, trust, and hope</li> <li>Courage: willingness to risk more</li> <li>Contemplative listening and prayer</li> <li>Openness and capacity to dialogue</li> <li>Radical availability</li> <li>Attending to letting go and grief</li> <li>Attending to creativity and new life</li> </ul>  |  |
|  | Conversations:  |  |
|  | <ul> <li>Around the dinner table</li> <li>With associates</li> <li>With sisters in formation or newly professed</li> <li>With friends</li> <li>With ministry team members</li> <li>In community publications and newsletters</li> <li>Convenings and Meetings</li> <li>Local community meetings</li> <li>Province gatherings &amp; membership meetings</li> </ul>   |  |
|  | Regional gatherings   |  |
| Notes:   | <ul><li>Community committee meetings</li><li>Chapter sessions</li><li>Intercongregational meetings</li></ul>  |  |
|  | Activities:   |  |
| Q: How will we engage diversity as a necessary element of transformation? -intercultural -experiences -international -styles -intergenerational -beliefs | <ul> <li>Host a conversation with a group of sisters</li> <li>Watch the DVD and discuss with group that did not attend.</li> <li>Host a webinar on a key element or idea</li> <li>Convene or co-opt a book discussion group</li> <li>Allocate time and energy to attend to this</li> <li>Practice and develop the skills of communal discernment</li> <li>Make space for younger and different voices to be heard – engage diversity in all forms.</li> <li>Develop leadership skills in all members</li> </ul> |  |

| Implementation Strategy         |  |           |                 |  |  |
|---------------------------------|--|-----------|-----------------|--|--|
| 3 Things We Can Commit to Doing |  |           |                 |  |  |
| Action Item                     | Our Communal Resistances and Obstacles | Timeframe | Who's involved? |  |  |
| 1.)                             |  |           |                 |  |  |
| 2.)                             |  |           |                 |  |  |
| 3.)                             |  |           |                 |  |  |