## Session 3: Communal Discernment & Participatory Decision Making





Walking the Path of Synodality in the Footsteps of Pope Francis



A Six-Session Synodal Leadership Formation Course





### **Overview of Session**

- Welcome & Overview
- Revisit Previous Session
- Scripture Reflection
- Presentation: Communal Discernment and Participatory Decision Making
- Silent Reflection
- Breakout Group Discussion
- Large Group Sharing
- Conclusion and Closing Prayer
- Looking to the Next Session



### Learning Objectives

- Use skills of synodality
- Consider how decision making can be an inclusive process
- Reflect on participative decision making in the early Church
  - Experience spiritual conversation process
    - Consider how communal discernment and participative-decision making are essential



## Revisit: Active Listening for Synodal Leadership



### **Scripture Reflection**

- **Encounter** Open to solidarity with people who are different from you
- **Listening** Seeking to understand one another's perspective
- **Discernment** Making space for the Holy Spirit



### **Scripture Reflection**

Council of Jerusalem:

Acts 15:1-21





### **Small & Large Group Sharing**

- How were the community members in the passage including the Holy Spirit in their discussions?
- Was there time for silent discernment?
- How were people encountering one another?
- How were they listening to one another to understand differing perspectives?





# A Tool for Discernment: Spiritual Conversations

Presentation



### A Spiritual Conversation

Meaningful conversation rooted in active listening

Relaxed grip on certainty; attention to possibilities

Paying attention to deep meaning

Inviting the Holy Spirit to lead Transformative conversation



### Participation in Spiritual Conversations

Be brief... share what matters most

Each person shares once before anyone speaks a second time

Share the time so everyone can speak

Speak slowly and intentionally

Allow pauses; silence is okay

Look at the person speaking

Listen without preparing a response

Seek to build on other people's contributions and not debate There is no need to convince anyone of anything - only to deepen our understanding







Ask the Spirit to guide your thoughts

What word or phrase touched me?

What energized me?

Where do I feel resistance?

What two important things do I want to remember when I go home?



#### **Collective Discernment**

- What are we saying, collectively?
- What do we think?
- Where do we note the Holy Spirit leading or calling us?
- What new possibility is emerging?
- What essential points are emerging?
- What needs to be shared with the whole group, for the good of the whole?





#### **Silent Reflection**

- 1. In my ministry or life, I can leave room for the Holy Spirit by...
- 2. In my ministry or life, I can encounter people of different perspectives by...
- 3. In my ministry or life, I can better understand people with different perspectives by...









**Part I** - Please briefly share your personal reflection responses in your breakout group.

Part II - Now, look for common aspects of one another's insights. What were common elements from among each person's insights on:

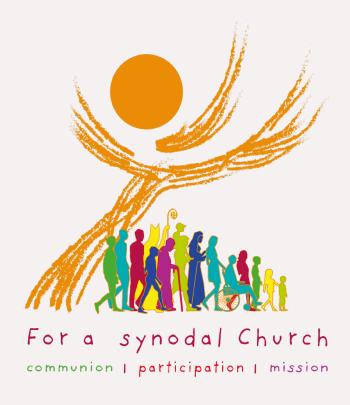
- Leaving room for the Holy Spirit at meetings and other activities
- Encountering people of different perspectives in my ministry/life
- Understanding people with different perspectives



### **Concluding Commitments**

 What is one way you will invite the Holy Spirit to guide the decisions you will make with others in the next two weeks?

• How will you invite the Holy Spirit to guide your collective decisions in the next two weeks?







### Looking to the Next Session

Assignment: Reading (in handout)
Reflection: Can you think of ways to introduce the method of spiritual conversations into your life or ministry?